

The Women’s Fearless Leadership Mastermind

Curriculum

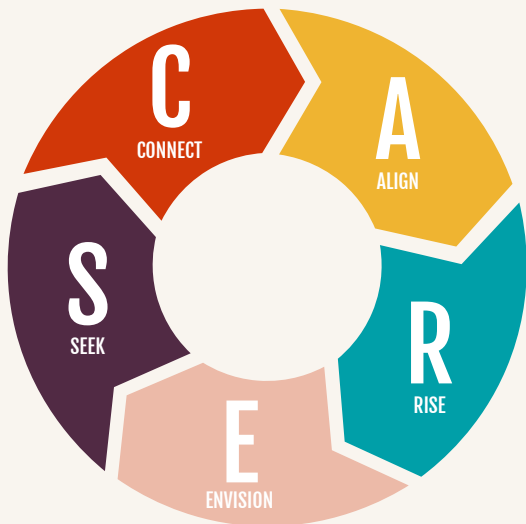
The Women's Fearless Leadership Mastermind teaches a predictable, reliable success framework designed to empower talented female leaders and aspiring executives. In this program, mid-level to senior-level professionals gain the mindset, skills, strategies, and tools needed to lead, engage, and influence teams and organizations confidently.

Our curriculum focuses on three essential pillars. First, we prioritize self-leadership, helping members develop a growth mindset and emotional intelligence. They will also learn to build their personal brand and cultivate relationships with influential individuals, mentors, sponsors, and allies. Additionally, we address limiting beliefs, stories, and fears that may hinder their progress.

The second pillar centers around leading, engaging, and influencing others. Members will learn to articulate a strategic vision, coach and mentor their teams and foster workplace collaboration, feedback, and inclusivity.

Lastly, our framework emphasizes executing with support. Members will create a dynamic 12-month roadmap to achieve meaningful goals, aligning them with a compelling leadership vision. They will also leverage support from peers and their executive coach while prioritizing regular self-care.

By combining these pillars, the Women’s Fearless Leadership Mastermind provides master-level support for high-potential female leaders to grow, advance, and create a fulfilling career and life without being overwhelmed.



The C.A.R.E.S. Leadership Success System™

- **Connect** to your truth and purpose as a leader.
- **Align** where you are and where you want to be as a leader.
- **Rise** above your real and fictitious challenges as a leader.
- **Envision** the future you desire as a leader.
- **Seek** support and serve others.

MODULES		LEADERS SHOWCASE	TAKEAWAYS	KEY EXERCISES
INTRODUCTION	INTRO & MEET YOUR EXECUTIVE COACH	<ul style="list-style-type: none"> • Nick Donofrio, MSC, former IBM Executive VP of Innovation and Technology, IBM Fellow Emeritus, Founder of NMD Consulting, LLC 	<ul style="list-style-type: none"> • Welcome to the program and meet your executive coach. Establish guidelines for code of conduct, engagement, respect, and mutual support. 	<ul style="list-style-type: none"> • Download Workbook
	WEEK 1	<ul style="list-style-type: none"> • Kimberly Kaloz, Strategic Account Leader, global biopharmaceutical giant 	<ul style="list-style-type: none"> • Access the program Workbook, private online group, and other resources. Introduction to navigating the learning portal. • 33 mins. of engaging online instruction 	<ul style="list-style-type: none"> • Download mobile application to access the learning portal and resources “on the go” • Access the Members Only page to schedule VIP sessions and other relevant information

Learning requirements: To earn a Certificate of Achievement, members must complete Modules 1-7, including exercises and assessments, attend bi-weekly masterminds, and actively engage with peers and their executive coach for six months. Bonus resources like Leaders Showcase interviews are optional and not required for program completion.

MODULES	LEADERS SHOWCASE	TAKEAWAYS	KEY EXERCISES
<p>MODULE 1</p> <p>BUILDING THE FOUNDATION FOR BEING A FEARLESS LEADER</p> <p>WEEKS 2 - 4</p>	<ul style="list-style-type: none"> Blaine Bartlett, President & CEO, Avatar Resources Inc., best-selling author, <i>Soul of Business</i> podcast host, adjunct professor Alycia Banks, MA, Executive-Leadership Development & Talent Management, Columbia Bank New Jersey Jerome Peribere, retired in 2017 as Sealed Air's President and CEO, 2012 – 2017, Board of Directors, Ashland and Xylem Inc. 	<ul style="list-style-type: none"> Understand that to be in a state of Self-leadership, receptivity, and transformation, it requires creating daily empowering habits to access a critical mass of Self—the best version of you. Apply the practices supporting your internal success and goal achievement, externally. Create a daily habit of these empowering Self-care rituals. Assess and learn how to shift from a "fixed" to a "growth" mindset. Learn to support and develop high-performing teams and support your professional growth. 2 Hrs. of online training, plus exercises 	<ul style="list-style-type: none"> Map your leadership vision Reflect on the changes you're going through The Mindset Assessment 10 Emotions that support a successful leader Self-acknowledgement Who am I being? The Coaching Toolkit: Becoming an empowering coach for your team Module 1 Assessment
<p>MODULE 2</p> <p>CONNECT TO YOUR TRUTH AND PURPOSE AS A LEADER</p> <p>WEEKS 5 - 7</p>	<ul style="list-style-type: none"> Jenna Hendricks, SVP, Chief People Officer, Michael Kors / Capri Holdings Ltd. Chris Ekrem, MBA, VP, Hospital Financial Operations, EqualizeRCM Services Kathy McKeon, RN, MPH, CSM, Sr. Corporate Account Executive, Merck 	<ul style="list-style-type: none"> Understand your truth, inner knowing, worth, wisdom, and the world around you in your leadership role. Anchor your goals and strategic vision on what has real meaning and value to you. Elevate your personal brand. Identify your UVP and leverage it to position yourself to achieve successful outcomes. Connect to your sources of strength and Self-care. Learn to manage conflict. 1.9 Hrs. of online training, plus exercises 	<ul style="list-style-type: none"> Your story, epiphany moments, identity Frames Primary needs and core values Your unique value proposition: your Why, superpowers, and marketable skills Self-Care Social awareness Module 2 Assessment
<p>MODULE 3</p> <p>ALIGN WHAT YOU WANT AND WHERE YOU ARE TODAY AS A LEADER</p> <p>WEEKS 8 - 10</p>	<ul style="list-style-type: none"> Doris Casap, MBA, Founder & CEO, Mother Films, Adjunct Professor, NYU Phillip Anderson, MBA, Executive Director, The Depository Trust & Clearing Corporation 	<ul style="list-style-type: none"> Understand where you are in the nine areas of your Wheel of Life and your leadership competencies/skills. Seek direct and indirect feedback. Explore where you want to be and align it to your role in the organization and the organization's vision and values. Strengthen collaboration and negotiation skills. Develop a support network. Identify and connect with Centers of Influence, mentors, sponsors, and retool for the future. 2.6 Hrs. of online training, plus exercises 	<ul style="list-style-type: none"> Where am I now assessment The leader I aspire to be Leadership mastery alignment Building relationships Advanced negotiation Effective follow-up BONUS: DiSC behavioral assessment Module 3 Assessment

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MODULE 4 RISE ABOVE YOUR REAL AND FICTITIOUS CHALLENGES AS A LEADER WEEKS 11 - 13	<ul style="list-style-type: none"> Maria Santos Valentin, JD, Distinguished Scholar and Sr. Fellow, NYU Law School Grunin Center of Law and Social Entrepreneurship Cynthia Kersey, MA, CEO & Founder, Unstoppable Foundation 	<ul style="list-style-type: none"> Understand the internal and external factors holding you back from being the leader you have the potential to be. Own your power to influence these internal and external factors. Craft a roadmap to overcome existing challenges, get out of your own way, and achieve your full potential as a leader. 1.5 Hrs. of online training, plus exercises 	<ul style="list-style-type: none"> Your challenges Fearlessly owning it Elevate your mindset Stop-Start-Continue Module 4 Assessment
MODULE 5 ENVISION THE FUTURE YOU DESIRE AS A LEADER WEEKS 14 - 17	<ul style="list-style-type: none"> Rita Mitjans, MBA, Founder & President, BizGuru LLC Osato Chitou, ESQ, MPH, Founder & Principal Consultant Compli by Osato 	<ul style="list-style-type: none"> Understand the goals and outcomes you desire to achieve and the leader you want to be. Align your mindset to support these outcomes. Refine your Massive Action Map: 12-month outlook. BONUS Leveraging AI Technologies 3.2 Hrs. of online training, plus exercises 	<ul style="list-style-type: none"> Create it Align your mindset Your leadership qualities Reverse engineer it Your Massive Action Map, 12-month outlook Your Not-To-Do list The momentum loop Module 5 Assessment
MODULE 6 SEEK SUPPORT AND SERVE OTHERS ON YOUR LEADERSHIP JOURNEY WEEKS 18 - 19		<ul style="list-style-type: none"> Assess the support you need to make your goals a reality. Identify the right resources. Set an action roadmap with clear steps to support your vision and goals and those of the people you lead and mentor. 1.4 Hrs. of online training, plus exercises 	<ul style="list-style-type: none"> Who's "got your back" Paying it forward Module 6 Assessment
MODULE 7 APPLYING C.A.R.E.S. LEADERSHIP SUCCESS SYSTEM EVERY DAY WEEKS 20 - 24		<ul style="list-style-type: none"> Understand how to apply the C.A.R.E.S. Leadership Success System toward goals and desired outcomes across all areas of life. Apply this understanding to design and achieve desired results. Create a life and the leadership capabilities you desire while living purposefully and up to your potential. Complete modules as needed (make-up time). Graduation Celebration, week 24. 1 Hr. of online training, plus exercises 	<ul style="list-style-type: none"> Staying focused Keeping the momentum Embracing change Module 7 Assessment

Dr. Ginny A. Baro, Ph.D., MBA, MS, CPC, CEO at **ExecutiveBound®**, created the C.A.R.E.S. Leadership Success System™. Members learn and implement this proven framework in our seven-module curriculum. The 2017 #1 bestseller *Fearless Women at Work* showcases the framework. Visit www.ExecutiveBound.com for more information.